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ISSUE 1



V



SATURDAY 5 AUGUST 2017
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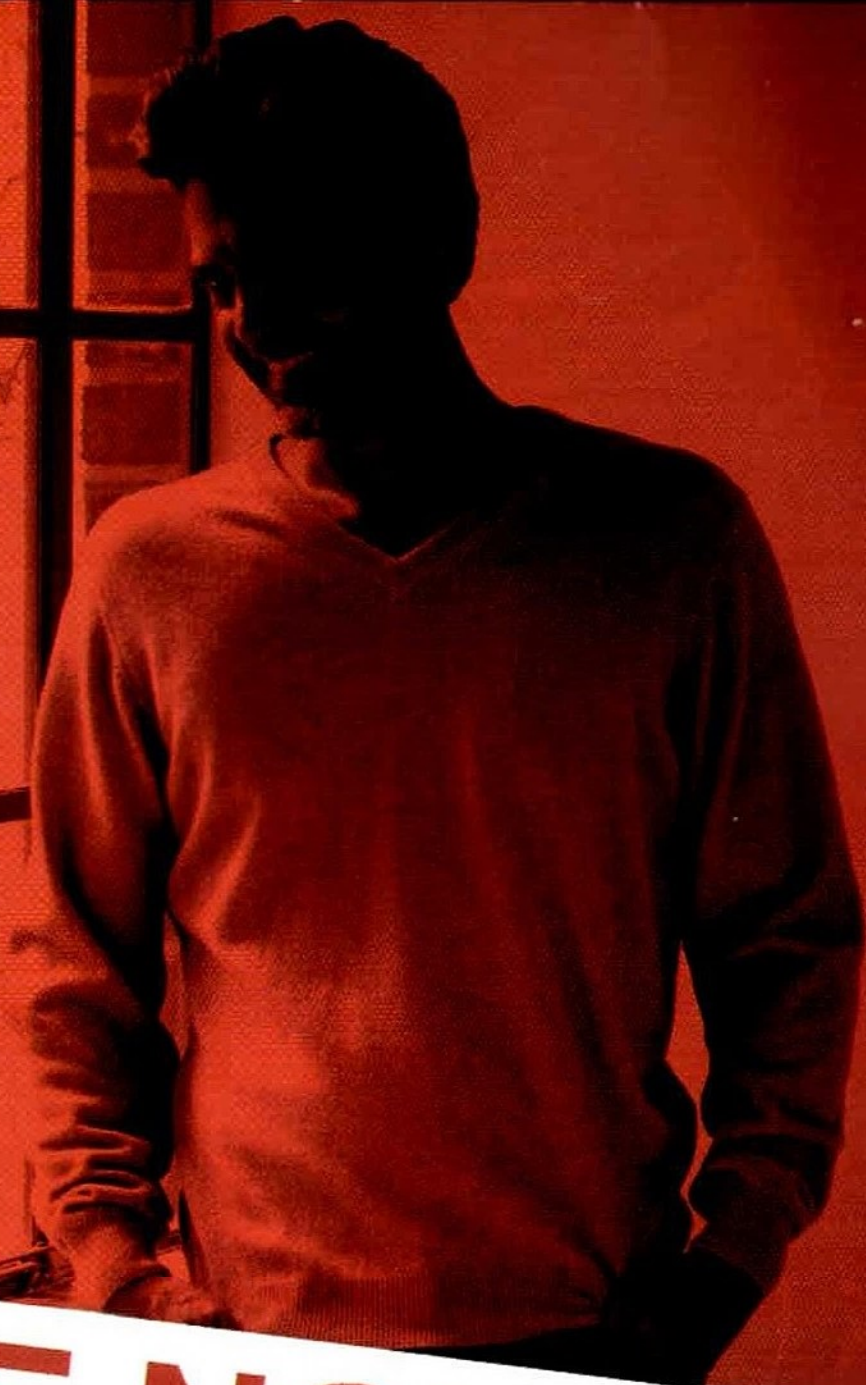
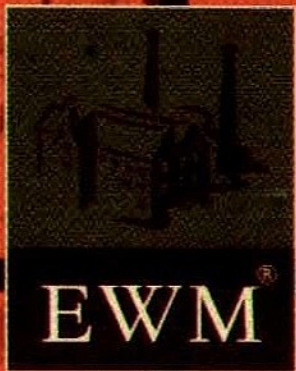


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THE CHAIRMAN



I EXTEND A WARM WELCOME TO ALL OF OUR SUPPORTERS AS WE COME BACK TO BRUNTON PARK FOR THE FIRST HOME GAME OF THE NEW SEASON.

I WOULD LIKE TO INCLUDE IN THAT THE DIRECTORS, PLAYERS AND SUPPORTERS OF SWINDON TOWN WHO VISIT US FOR THE FIRST TIME IN JUST OVER THREE YEARS, WHEN BOTH CLUBS WERE IN LEAGUE ONE.

People often think nothing happens at football clubs in the close season, but that is not the case. First up this June were the concerts and they, again, were very enjoyable. They now seem to be becoming an annual event and are a great thing for the city to have, as well as demonstrating that Brunton Park is an ideal venue.

We were more fortunate this year as the concerts were held in early June. This meant that Dave Mitchell and his team had adequate time to prepare the pitch for the new season.

I would like to say a big thank you to CUSG chairman Simon Clarkson and also Harold Bowron who organised a willing band of helpers to pick up the paint brushes and smarten up many areas of the stadium.

Brunton Park is very much like the Forth Road Bridge, and with the age of the building requires continuing maintenance. It is amazing to see the loyalty of some of the helpers with one 16-year-old young man coming all the way down from Ayr by train to give us a helping hand.

Work is frantically ongoing to improve the image of the bars and catering areas. Hopefully this will be complete for today. Any ideas for a new name for the Sunset Suite?? The local companies who need to be thanked are World Group, Donaldsons, EEC Electrical, Carlisle Glass, Peter Tyson, Colin Carter - and I mustn't miss out my Pioneer painter Stuart.

We have also appointed abm Catering Solutions who will be looking after the catering operation for us this season.

abm are owned by the chairman of Stoke City and do a similar job for them, so we expect to see a big improvement in that sector of the club. Once we get going into the season we will be actively looking for feedback from supporters.

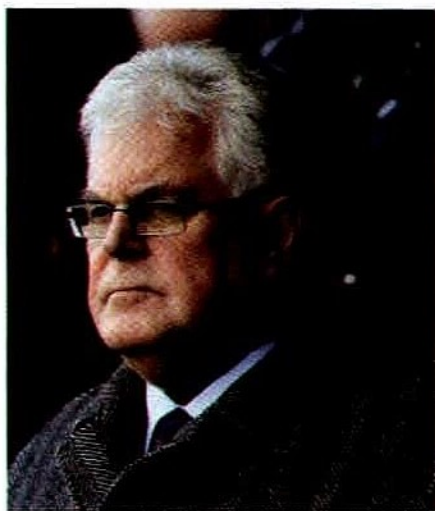
It has been a difficult summer regarding recruitment of new players. Keith has been looking for a tall goal scoring forward, as probably every other club has, and it hasn't been easy. He now has his man and let's wish Richie Bennett all the best and hope he scores many goals for us. I expect by the time you read this programme we have more new faces, but it isn't easy as we are right near the top of our salary cap with the Football League. Our players are well looked after salary wise and that is the reason for the small squad, with the aim of quality before quantity.

Finally for today I would like to mention Stan Bowles. We were saddened to hear of his illness but heartened by the reaction from the football community. Stan came to our club with a bit of a reputation but I have to say he was an absolute gentleman all the way through his season with us.

Our fans loved him for his football, which was amazing to watch, and for the way he was so friendly with everyone whenever he went into town. I thoroughly enjoyed watching him with stand out games when he travelled with us to Italy for the Anglo-Italian Cup and against Crewe in the Watney Cup. We send our very best wishes to Stan on behalf of everyone in Cumbria.

Enjoy the game,

Andrew Jenkins



CLUB INFORMATION

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Andrew Jenkins

HONORARY PRESIDENT

David Dent

CUFC HOLDINGS DIRECTORS

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THE MANAGER



GOOD AFTERNOON AND WELCOME TO OUR OPENING HOME GAME OF THE SEASON. IT'S OBVIOUSLY NICE TO BE KICKING THINGS OFF HERE AT BRUNTON PARK AND SWINDON TOWN WILL GIVE US A VERY TOUGH TEST.

I'd like to welcome Dave, his team and staff to Carlisle and wish them every success for the season ahead. I'm sure they will be hurting as a club following what happened to them in the last campaign and I have no doubt they'll be looking to put it right. They have a very good squad of players but we're looking forward to going up against them for what we think will be a very good game to watch between two teams who like to try to do things the right way.

It was good to see so many of you at the Blackburn game at the beginning of last weekend. The pleasing thing for us as coaching staff was to see many of the things we'd covered during training transfer out onto the pitch during the 90 minutes. That shows that the group is developing an understanding of their roles and responsibilities and that they're comfortable with how we want the game to be played. We are still a work in progress, but that will remain the case until we're achieving the success everyone at this club wants to achieve.

Overall we have been extremely pleased with our pre-season programme. The players have had 37 preparation days leading up to today's game and six very

good fixtures. Training has been varied and, at times, a tough challenge, but everything we've done was designed to bring the players to a peak of readiness. Hopefully the work we've done will help us to push on as we face a very busy few months of league and cup fixtures.

Our aim this season is to continue the progression and to improve on what we did both individually and collectively last season. We want to score more goals, concede fewer, and continue to play an entertaining and exciting brand of football. The players we've assembled are all focused on that and we're looking forward to another exciting year ahead.

Thank you, as ever, for your support. I've said it before, but Brunton Park is a formidable place for opposition teams to visit when you get behind us. Hopefully we'll be giving you plenty to cheer about, starting this afternoon when we kick things off again at 3pm.

Enjoy the game,

Keith Curle

soccer saturday

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MANAGER - DAVE FLITCROFT

DAVE FLITCROFT WAS ANNOUNCED AS SWINDON TOWN'S NEW MANAGER ON MONDAY 5 JUNE 2017, PUTTING PEN TO PAPER ON A TWO-YEAR CONTRACT WITH THE ROBINS.



MANAGERIAL CAREER

Born in Bolton, Flitcroft began his career with Preston North End in 1992 but he only made a handful of outings for the club before spending a short stint on loan with Lincoln City.

A move to Chester City took place the following year and the tough-tackling midfielder went on to play a key role in the club's promotion to Division Two.

After racking up nearly 200 appearances for Chester, Flitcroft agreed a switch to Rochdale in 1999 and it proved to be a match made in heaven with The Dale reaching the Division Two Play-Offs in 2001/02, in addition to making it all the way to the Fifth Round of the FA Cup the following season. Having clocked up over a century of games during his time at Spotland, Flitcroft went on to have short spells with Macclesfield Town, Bury and Hyde before deciding to call time on his playing career.

He opted to cut his teeth in coaching midway through the 2006/07 campaign, joining old club Rochdale as Keith Hill's Assistant. The pair formed a close working relationship and they were both snapped up by Barnsley in June 2011.

And it was at Oakwell where Flitcroft was handed his first shot at the big time after he was placed in Caretaker charge following Hill's departure during the 2012/13 season.

It did the trick too, with Flitcroft guiding his side to some impressive results on their way to securing their Championship status in dramatic circumstances, exploits that led to the former player being handed the top job on a permanent basis.

He then took over at Bury in December 2013 and again performed miracles, steering the club away from the relegation zone and to an impressive twelfth placed finish.

TEAM	FROM	TO	GAMES	WON	DRAWN	LOST
Bury	10 Dec 2013	18 Nov 2016	157	64	39	54
Barnsley	29 Dec 2012	30 Nov 2013	45	14	13	18



Full Time



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TWO TO WATCH

TWO TO WATCH



CONOR THOMAS

CONOR THOMAS JOINED THE REDS IN JULY 2016 FOLLOWING A SUCCESSFUL TRIAL, AGREEING TO TERMS ON A THREE-YEAR DEAL.

The midfielder, who once spent a short spell with Premier League outfit Liverpool, featured over 30 times for Town in 2016/17 and showed his ability to perform in a number of different roles when called upon.

He scored a last minute winner against Millwall in March 2016 and was handed the captain's armband on the final day of last season. Thomas will now be hoping to play his part in helping The Reds secure an instant return to League One.

CLUB	FROM	TO	FEE	LEAGUE		FA CUP		LGE CUP		OTHER	
				APPS	GLS	APPS	GLS	APPS	GLS	APPS	GLS
Swindon	4 Jul 16		Free	29 (4)	1	1 (0)	0	1 (0)	0	2 (0)	0
Liverpool	31 Jan 11	31 May 11	Loan	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Coventry	1 Jul 10	4 Jul 16	Trainee	79 (21)	1	7 (2)	0	1 (1)	0	4 (2)	0



PAUL MULLIN

TOWN PAID AN UNDISCLOSED FEE IN ORDER TO PRISE THE STRIKER AWAY FROM MORECAMBE LAST MONTH, WITH THE 22-YEAR-OLD PUTTING PEN TO PAPER ON A TWO-YEAR-DEAL AT THE COUNTY GROUND.

Once on the books of Liverpool, Mullin made over 100 appearances for Morecambe and he will be looking to bang in the goals for his new club in 2017/18.

CLUB	FROM	TO	FEE	LEAGUE		FA CUP		LGE CUP		OTHER	
				APPS	GLS	APPS	GLS	APPS	GLS	APPS	GLS
Swindon	27 Jun 17		Undisc.	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Morecambe	31 Aug 09	27 Jun 17	Free	53 (13)	16	3 (0)	0	0 (2)	0	1 (0)	0
Bradford	20 Mar 09	31 May 09	Loan	5 (1)	0	0 (0)	0	0 (0)	0	0 (0)	0
Accrington	1 Aug 01	31 Aug 09	Signed	252 (3)	87	10 (0)	4	5 (0)	3	6 (1)	2
Radcliffe	1 Aug 00	1 Aug 01		0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0

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MEET THE VISITORS



LAWRENCE VIGOUROUX GOALKEEPER

Lawrence Vigouroux has established himself as a key figure at Swindon and he will no doubt be looked upon to play an instrumental role in Town's bid to seek an immediate return to League One.

The firm fan favourite first arrived at The County Ground in August 2015 on a season-long loan deal from Premier League outfit Liverpool. He wasted little time in making the number one jersey his own and he finished his debut campaign in Wiltshire with 36 outings under his belt.

However, Vigouroux really came to the fore during the 2016/17 campaign, producing a string of brilliant displays to keep twelve clean sheets, despite the Reds' relegation to Sky Bet League Two.



BEN PURKISS DEFENDER

The vastly experienced defender signed for Town last month on a free transfer and will look to make the right-back spot his own next season.

Captain at Port Vale, the 33-year-old has also represented the likes of Sheffield United, York City and Walsall.



CHRIS HUSSEY DEFENDER

Signed for the Reds on a season-long loan from Sheffield United in July 2017. The attacking left-back has two promotions on his CV with Bury and The Blades and he'll be hoping to add a third during his time with Town.



CHRIS ROBERTSON DEFENDER

The experienced centre-back became Town's first signing of the summer in June and the 30-year-old can count the likes of Preston North End, Port Vale and Ross County amongst his former clubs.



OLLY LANCASHIRE DEFENDER

Once highly-rated by Southampton, the centre-back captained Rochdale to promotion from League Two in 2014/15, while he will bring a commanding presence to the Town back-line.



JAMES DUNNE MIDFIELDER

Another summer signing for Town, the tough-tackling midfielder has racked up over 250 appearances and has impressed for the likes of Portsmouth and Cambridge.



LUKE NORRIS STRIKER

Luke Norris bolstered Town's attacking options in August 2016 after arriving from Gillingham for an undisclosed fee, putting pen to paper on a three-year deal at The County Ground. The powerful striker, who has previously plied his trade for Hitchin Town, Brentford, Boreham Wood, Northampton Town and Dagenham & Redbridge, opened his account for The Reds in November 2016 against Exeter City. After finishing last season with six goals to his name, Norris will be looking to improve on that tally in 2017/18 and help fire Town to promotion from Sky Bet League Two.



JOHN GODDARD MIDFIELDER

John Goddard signed for Town on a three-year-deal in May 2016 after The Reds paid an undisclosed fee to Woking for his services. The attacking force bagged 20 goals in all competitions for Woking during the 2015/16 National League season, winning the club's Player of the Season Award and earning a move to The County Ground as a result. Despite it being his first season as a professional footballer, Goddard adapted well to life in League One last season and he opened his account for Town away at Shrewsbury in October 2016. Goddard, who has also won two caps for England C, finished the 2016/17 campaign with three goals and five assists in 48 outings, and he will be looking to go from strength to strength this season.



MEET THE VISITORS



JAMES BROPHY MIDFIELDER

James Brophy is preparing to enter into his third season with Town after first arriving at The County Ground in the summer of 2015. After impressing during a successful trial, the flying wing-back was handed a one-year deal at The County Ground and he impressed during his debut season in professional football, earning a new deal prior to the start of the 2016/17 campaign.

Brophy, who plied his trade for Edgware Town prior to his move to Wiltshire, scored his first goal for The Reds against QPR in August 2016 and he finished last term with 33 games under his belt. Having shown his quality throughout the last two seasons, Brophy will now be looking to play a vital role in Town's bid to secure an immediate return to Sky Bet League One.



ELLIS IANDOLO STRIKER

Ellis Iandolo put pen to paper on a professional deal with The Reds in August 2015 following a successful trial period. Once on the books of boyhood club Gillingham, the attacker caught the eye of Town whilst plying his trade for the Soccer Elite FA Academy, paving the way for a move to Wiltshire. Iandolo made 13 outings during his debut season at Swindon before featuring on 15 occasions in 2016/17, scoring his first-ever goal for the club courtesy of a stunning effort from long-range against Luton Town in December 2016.

Town opted to hand the 19-year-old a new one-year deal earlier this summer and he will now be looking to play a key role in The Reds' bid to secure an immediate return to Sky Bet League One.



WILL HENRY GOALKEEPER

Highly-rated goalkeeper Will Henry will be looking to kick on this season after making real progress in 2016/17. Henry burst onto the scene in April 2016 after saving a penalty on his Town debut away at Rochdale.

Once on the books of Bristol City, the talented stopper signed a professional deal that summer and went on to make seven appearances in 2016/17, while he was also invited to an England Elite Goalkeepers Camp on more than one occasion last term. He will now be looking to impress in pre-season in order to stake a claim for the number one jersey.



TOM SMITH MIDFIELDER

Tom Smith will be looking to cement himself as a first-team regular in 2017/18 having shown his quality in his previous three seasons as a professional at The County Ground. The highly-rated midfielder was handed his first professional contract in the summer of 2014, going on to make his first-team debut away at Preston North End in 2015 before opening his account for the club with a stunning effort against Crewe Alexandra in September 2015.

Smith featured twelve times for Town last term while he spent a short spell out on loan with League of Ireland First Division outfit, Waterford, scoring once in ten outings. He will now be hoping to establish himself as a key figure in the Town midfield ahead of the 2017/18 campaign.

DID YOU KNOW?

The Robins have played at The County Ground for 121 years, having moved to the ground in 1896.

There have been five different Swindon Town crests since the clubs inception, with the current design coming into effect in 2007 after a public vote.

Swindon won the 1970 Anglo-Italian Cup after defeating Napoli 3-0. They also went on to win the inaugural Anglo-Italian League Cup Winners' Cup, beating Roma 5-3 over two legs.

Shortly after moving to the County Ground the Robins changed their club colours to green and white but, following problems obtaining green dyes, they reverted to the traditional red in 1901.



AMINE LINGANZI
MIDFIELDER

Town's latest signing was once regarded as a hot prospect and he will no doubt bring plenty of physicality to the Reds' engine room next season. Helped Portsmouth secure promotion from League Two last season.



JORDAN YOUNG
STRIKER

Having burst onto the scene midway through the 2015/16 campaign, big things are expected of Jordan Young. A product of the STFC Academy, the talented attacker was handed his Town debut against Port Vale in February 2016 - the fourth-youngest player to make their Swindon bow after Lloyd Macklin, Paul Rideout and Ernie Hunt.



HARRY SMITH
STRIKER

Joined Town on a season-long loan deal from Championship outfit Millwall in July. Scored six goals in twelve outings for the Lions in 2016/17 in what was his first-ever season in professional football.

The towering frontman, while good in the air, is also extremely talented with the ball at his feet.

Then, if that wasn't enough, Young bagged his first-ever goal in professional football against Shrewsbury Town on the final day of the 2015/16 campaign to become The Reds' third-youngest scorer behind Paul Rideout and Andy Caton. Young's fine form earned him a three-year deal in the summer of 2016 and, although he endured an injury hit 2016/17 season, the stage is set for the youngster to make his mark this term.



DONAL MCDERMOTT
STRIKER

The former Manchester City prospect became signing number nine of the summer after putting pen to paper on a one-year deal following his departure from Rochdale. The midfielder will bring plenty of substance and style to the Town midfield.



SCOTT TWINE
STRIKER

Fresh after making his Swindon Town debut at the tail end of last season, Scott Twine will be hoping to make an impact in his first season as a pro footballer. Having notched over 30 goals in a stellar season for the U18's, the striker was rewarded with a first-team debut away at Charlton Athletic on the final day of the 2016/17 campaign, replacing Islam Feruz in the second-half.

Twine will now be hoping to impress throughout pre-season in order to force his way into the manager's plans for the forthcoming Sky Bet League Two campaign.



DION CONROY
DEFENDER

Dion Conroy enjoyed a fine start to life at The County Ground and he will no doubt look to establish himself as a key figure at the heart of the defence in 2017/18. The central defender signed for Town from Premier League giants Chelsea for an undisclosed fee in January 2017, putting pen to paper on a two-and-a-half-year-deal. He was chucked right in at the deep end and, despite being unable to help Town preserve their League One status, he produced many hugely encouraging displays at the heart of the defence. Good with the ball at his feet and more than capable of getting stuck in when it comes to the physical side of the game, Conroy, who has also plied his trade for Aldershot, will no doubt have a big part to play for The Reds in League Two.

UNITED 1 - 0 SWINDON TOWN
SATURDAY 5 APRIL 2014
REFEREE MR NIGEL MILLER
ATTENDANCE 4,055 (288 AWAY FANS)



CARLISLE UNITED

Pickford, Chimbondo, Thirlwell, O'Hanlon, Symington, Chantler, Potts, Berrett, Amoo, Madine, Redmond (Brown 62).

SUBS

Fleming, S Byrne, Brough, Guy, Meppen-Walter, Novo.

GOAL

Madine (37)
Bookings - Berrett
(33 & 90)



SWINDON TOWN

Foderingham, N Thompson (N Byrne 65), Luongo (L Thompson 70), McEvelly, Kasim, Storey, A Smith, Cox (Pritchard 46), M Smith, Stephens, Archibald-Henville.

SUBS

Belford, Waldon, Branco, Gladwin.

BOOKING

Stephens (17)

WE'VE MET BEFORE

CARLISLE UNITED GRABBED A VITAL WIN AGAINST PLAY-OFF CHASING SWINDON TOWN THANKS TO THEIR FOURTH CLEAN SHEET IN FIVE GAMES AND A NEAT FINISH FROM OWLS LOANEE GARY MADINE.



A bright start from the home side brought an early corner which Foderingham had to punch clear. Thirlwell popped it back to the edge of the box but a push on Stephens gave the visitors a free kick which eased the pressure.

A high ball forward found Madine with space and his chest control opened a gap for a volley. He took it as it hit the floor and it spun wide of the upright off the top of his boot.

Madine almost turned provider as United stayed on the front foot but his through ball for the late run from Berrett had just too much on it and the keeper was able to clear.

A foul on Michael Smith from Chimbona gave the Robins their first chance of the afternoon but the outswinging set piece was an inch in front of Stephens. And the same player was invited to run forward moments later when a half clearance fell at his feet. He let fly from distance but it was always going over the bar.

Carlisle regained the initiative and nice football left Redmond with the ball at his feet on the edge of the box. He hesitated, but Berrett followed up with a piledriver which had to be blocked. Madine rose highest to meet the corner but he couldn't keep the header down and it rose high over the bar.

A cross shot from Potts caught Swindon light at the back but Madine and Amoo were left with their heads in their hands as they left it for each other and the ball ran harmlessly away to safety.

Swindon tried to slow things down and Miles Storey tried his luck from distance when he was allowed to creep forward. It was a good connection but he couldn't keep it down.

It was a better spell for the Robins as they controlled the midfield play but it was Carlisle who almost opened the scoring when Berrett sent a lovely delivery into the box. Madine powered onto the header but Foderingham somehow stretched himself to make a fantastic save.

The lobbed clearance from the acrobatic stop found Michael Smith with grass to run onto and he had support as Cox and Kasim strode forward. The cross was teasing but O'Hanlon protected his goal as he stepped in front of the attackers.

The pace of the game slowed as both sides sat deep with the ball but United sparked life into the crowd when Chimbona found Potts just inside the Swindon half. His forceful run took him to the byline and his cut back was perfect for Madine to control. Two touches got the ball out of the big striker's feet and he finished it off beautifully as he spun and poked a shot into the bottom corner.

United ended the half on top with Madine and O'Hanlon sending efforts wide, and Redmond had a shot blocked as the whistle blew to thundering applause from an appreciative crowd.

A free kick on the right gave Swindon the first chance after the break and Pickford had to dive across to save as Alex Smith sent it over the wall. Stephens got to the corner when it dropped at the near post but he couldn't guide his header on target.

United broke forward as they cleared their lines and Chantler put Potts on the overlap with a well timed pass. He crossed on the run but it bobbled agonisingly across the face of goal, as Foderingham fell to the floor, until Luongo swept it clear.

Swindon came right back into it as they pushed men forward and Michael Smith had a wonderful chance when he was sent clean through by Kasim. He hurried his effort and Pickford was able to make a comfortable save.

Substitute Alex Pritchard then had options left and right as the Robins kept probing and he was left to apologise for his wastefulness when he opted to shoot and left it easy for Pickford.

A run of corners followed for the Robins and former Blues loanee Tray Archibald-Henville popped a header over from close range as the pressure started to mount.

United were denied what was a clear penalty midway through the half when a dinked touch from Madine was stopped by a hand as he tried to spin away. The referee waved play on much to the disgust of the crowd.

Chances were at a premium through the closing stages and Louis Thompson showed his frustration when he shot from long range when he couldn't find a way through. Pickford was happy to see it go wide.

The Robins were restricted to shots from distance as Carlisle played on the break, but midfielder James Berrett added to the Brunton Park selection worries when he received a second yellow card deep into time added on.

But it was the result the home side deserved and the crowd showed their appreciation for what was another gritty performance when the final whistle eventually blew.



TOP CORRIDOR

IN EACH PROGRAMME THIS SEASON WE'LL BE BRINGING YOU REGULAR UPDATES FROM THE CLUB'S BOARD OF DIRECTORS ON A WIDE RANGE OF SUBJECTS AND ISSUES.

This week Sales and Marketing Director Phil King tells us about the ongoing refurbishment work in the catering and bar facilities around the ground.

This summer has been a very busy one, with refurbishments taking place in many parts of Brunton Park.

Most of these works have been in 'fan facing' areas – with a particular focus on bars and catering areas. With the announcement of our new caterers, abm Catering, we were very keen to improve facilities – both in terms of look and functionality.

Club sponsors World Group, and Matthew Spooner in particular, have been a great assistance in renovating and expanding the catering facilities at Paddock South and behind the Warwick Road End.

This support is in addition to the commercial partnership we have with them for the back of shirt sponsorship, which they have continued on from last season. Both of the catering units have been pretty much doubled in

size, meaning we can serve more fans at peak times before games and at half time.

This was one of the problem areas that came up most in a recent fans survey that we conducted and it was something we were aware of being an issue throughout last season.

World Group have also teamed up with other local businesses including John Heaney at EEC, Colin Carter at Yesss Electrical, Peter Tyson's, Atlas Interiors, Pioneer Foodservice, Donaldson's Furnishers and Carlisle Glass in assisting with the refurbishment of the Sunset Suite.

The changes we have put in place have made a massive difference, and there is more that we would like to do.

We want to make this a bar that fans can be proud of and want to spend some time in, before and after games and also on a non-matchday for functions such as birthday parties and christenings.

The new caterers are putting a food offer into the bar on match days

serving good quality, local food and Heineken are also going to be offering a much-requested real ale alongside their other popular brands.

We have also made improvements where we can to other areas such as the Sporting Inn and Legends Lounge – putting in new entrance doors, courtesy of World Group, and making improvements to the bar areas.

The 'old' Sponsors Lounge in the upper West Stand has also been given a facelift and rebranded to become the '1904 Lounge'.

This will be available to businesses and groups of fans to hire out on a matchday for an affordable hospitality package for 20 – 25 people – perfect for networking or celebrations. Bendles Solicitors have already booked out the lounge for a number of games this season, and it is fantastic to see them supporting the Club once again.

Catering and bar areas are a large part of the matchday experience, and this is something I have said a few times that we are committed to improving.

The works we have done through the summer have gone a long way towards this, but there are still areas we would like to progress further. The Club plans to introduce a more permanent 'fan zone' area and this is something that we will develop into the season and build on going forwards.

The new operators, abm Catering, are committed to providing a quality service in all areas of the ground and fans will see the results of this.

We have provided the results of the fans survey to the caterers, and they have listened to what has been said – both good and bad.

They will also engage with fans going forward, through the Carlisle United Supporters Group forum meetings we have and other ways, and act on feedback and ideas.

We conducted a very thorough process across the last 6 months to look at all options available to the Club in terms of catering – including the potential of bringing the operation 'in-house'.

I am very satisfied that we have chosen the best option for the Club and that all concerned will see the benefits of that.

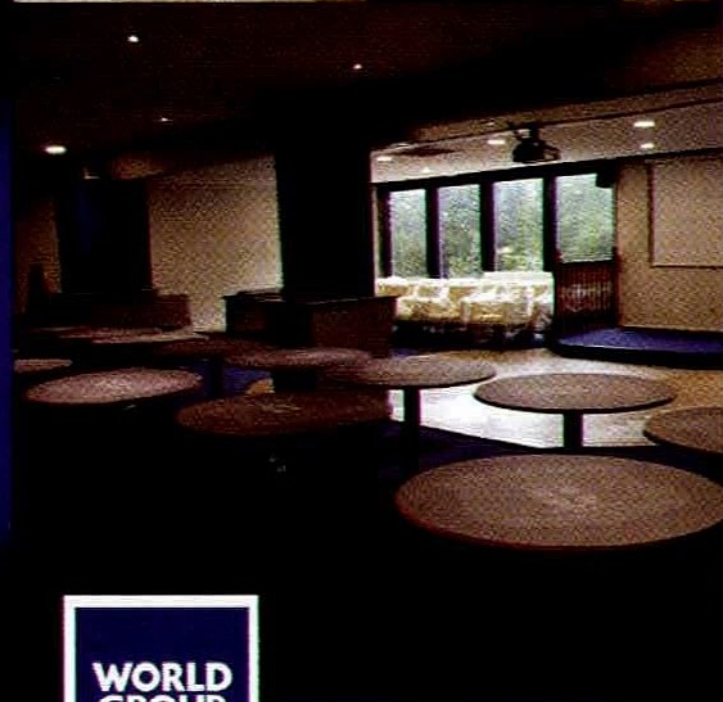
We have a fantastic opportunity to develop the matchday experience for fans at Brunton Park when it comes to catering and bar areas – for the whole family, and the works we have done in the summer have gone some way towards that.

We still have a lot to do and we will continue to make improvements where we can.

We also have a very unique venue for non-matchday events, whether that be the concerts we have seen in recent years, family celebrations or business meetings and conferences.

All of this also helps develop additional commercial income, which of course helps support the Club across all areas.

Phil King



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GROUP**

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CUSC LONDON BRANCH UPDATE



HERE WE GO, ANOTHER SEASON STARTS AND, WONDERFULLY, WHO KNOWS WHAT IT WILL BRING.

A new season of fixtures might have started but for the London Branch it is merely a change of emphasis after a hectic period since the last set of league fixtures came to an end. The large number of games in the south east keeps the Branch occupied and so it is not until the close season that the Branch organises more of its own events.

The last League fixture in Exeter saw a large number of Branch members make the trip despite the late start. Some, including myself had to stay overnight as it was impossible to get a train back on the Saturday (or early Sunday morning) and, after the result, we had a great evening. Unfortunately two Branch members spent an unplanned night in Exeter when there was a problem with the trains and they missed the last one.

A midweek evening fixture made travel even more problematic and so the London Branch organised a pub in Clerkenwell for the second leg of the play-off games. The place was packed with Carlisle fans, not all of them Branch members, who thoroughly enjoyed the night despite the result. Mr & Mrs Bruce Brookes-Tee arrived hot foot from tea with the Queen at Buckingham Palace having only paused to change out of formal wear and put on Carlisle kit. London Branch musical genius, Simon Hindley, turned up to play in the upstairs room only to give up due to the noise below and a desperate need to find out the score. Not the musical one.

Barely recovered from the disappointment the London Branch football team took part in the annual Mitchell Cole Trophy event somewhere north of Stevenage in the Armadillo Stadium, Arlesey. Usually they simply make up the numbers but this year they got it together really well and finished with bang when they beat the competition favourites, Barnet, in their last game with all the other teams cheering them on.

The second weekend in June sees the London Branch go off on its Annual Summer Trip and

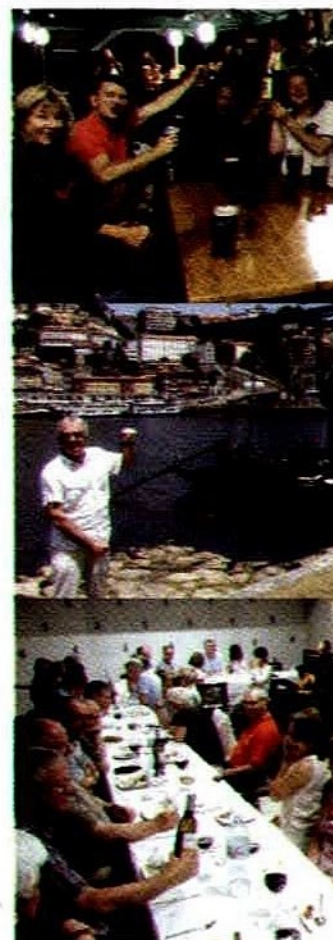
this year it was Porto. It proved to be an excellent choice and, speaking as someone who spent a week rather than a weekend, it had a great deal to offer. As well as visiting various cultural centres there were trips to the seaside, along the river and to the famous port houses never mind the bliss of sitting in the sun enjoying the view and happy in the company of good friends.

The AGM is held in the middle of July and after overcoming a long list of obstacles the Branch was finally able to arrange a tour of the Houses of Parliament and a meeting held in Portcullis House across the road from Big Ben. Huge thanks to the Carlisle MP John Stevenson and his assistant Thom Ashton for setting it all up. Equally thanks to Phil King for taking the trouble to travel down for the event to represent the club and explain to members all that had been going on at Brunton Park over recent months.

A few days later the Branch entered a couple of teams in a Celebrity Quiz at the Civil Service Club in Whitehall. Paul Sinha was the celebrity from 'The Chase' who set the quiz and the two London Branch teams battled their way to a tie for fourth place and then share one of the prizes. It was a great social event where the quiz simply formed the means of bringing people together.

Again, a few days on, the London Branch had a small group to represent them and the football club at a game between QPR and Bournemouth to raise money for Stan Bowles. QPR had always refused to give Stan a Testimonial Match having not played for 10 years but fan pressure to do something to help him and his family, given his medical condition, finally won the day.

As well as all of this the London Branch has continued its third Thursday meetings which have dealt with planning based on the fixture list in June as well as simpler matters as in the banner at the Waterworks End. They have also provided a chance to meet and discuss matters Carlisle United.



@cusclbontour



A close-up photograph of two roasted pork knuckles (carré) resting on a bed of green beans and herbs. The meat is golden brown and glistening, with a small sprig of fresh herb on top. The background is dark, making the food stand out.

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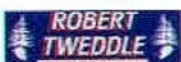
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Match
Ball
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sponsorship

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Both home
and away kit

£450

We hope they all enjoy their day in our various hospitality lounges.

As a new season approaches we would like to welcome new advertisers and Business Club members. They include:
Scott Duff Solicitors, Lakeland Fleet Management Ltd, Volvo UK, Gordons Construction, Glenrental and Prism Financial Advice.

We also look forward to working with our new catering partners abm Venue Catering and kit suppliers Umbro.



CARLISLE UNITED BUSINESS CLUB

Helping Business Network...



Please see pages 60 and 61 for player availability.

For more information on any of our commercial opportunities please contact our Commercial Department on 01228 554 155 or by email on commercial@carlisleunited.co.uk

Our Business Club is also going from strength-to-strength and heading into its fifth year. We have already held two meetings this season which included our Fixtures Breakfast meeting in June, and our Manager's Team Talk on Thursday.

Our next event sees ex-manager and current England U20 Head Coach Paul Simpson as our main speaker on Saturday 19 August.

Our player sponsorship packages have also been very popular with only a few first team players still available.

The player sponsorship package includes:

- Home or away kit sponsor.
- Receive relevant shirt at the end of the season, signed by the player.
- Feature in every Match Day Programme and on the relevant page on the Official Website.
- Meet your player at the start of the season.
- You and a guest will be invited to our official photo shoot day to be photographed with your player and feature in the full squad photo.
- Invited to exclusive events throughout the season.

Memberships are still available for this season. Please contact our Commercial Department for more information.

We are also taking hospitality bookings in either Foxy's Restaurant or Legends for all games. Prices start from £25pp. Please contact Katie Mitchell for more information, or to book.

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A large, thin, light-colored circle is centered on the page. Inside the circle, the text 'Gabriel Ruane' is written in a serif font, with the 'G' being significantly larger than the other letters. Below 'Gabriel Ruane', the words 'salon hair' are written in a smaller, lowercase, sans-serif font. A horizontal line separates 'Gabriel Ruane' from 'salon hair'.

Gabriel Ruane
salon hair

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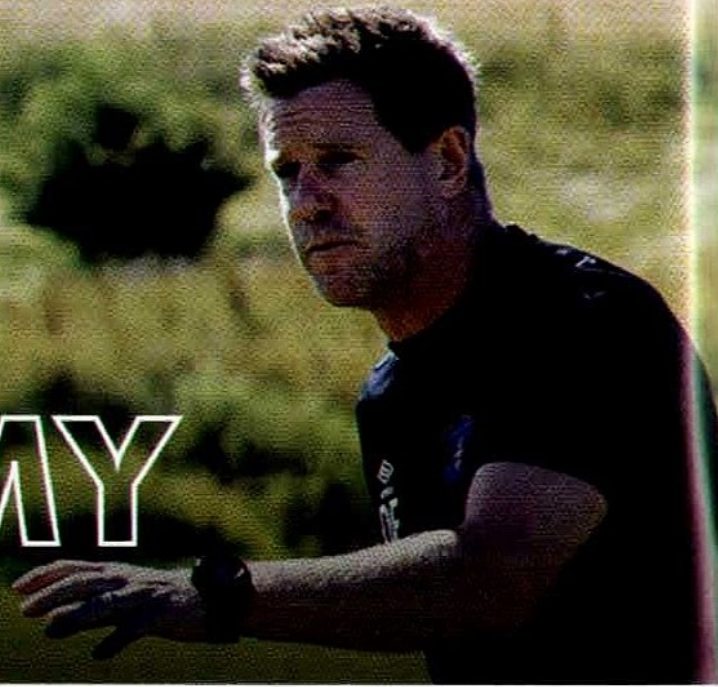
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@GabrielRuaneSalonHair

www.gabrielruane.co.uk

ACADEMY UPDATE



ACADEMY MANAGER DARREN EDMONDSON GAVE US A PRE-SEASON UPDATE FROM THE UNDER-18 SET-UP AS THE LADS PREPARE TO KICK OFF THEIR SEASON THIS WEEKEND.

"You find in pre-season that the lads start to get a bit more match fitness into their boots as the days go by and their minds get sharper along with that," he said. "That's when you see them play more of their football and that's why it has been encouraging for us."

"The last few weeks have been big weeks for the lads because they've worked very hard and they've had games to play in amongst that. We needed to look after them as well as keep them at it because the season is upon them and we want them to be at their best."

"We're keeping them all as fresh as we can and they're responding very well. At the moment they're starting to click defensively and when you play the better teams in pre-season – the likes of Celtic, Derby, Newcastle and Blackburn – you expect that potentially you're going to lose all of those games."

"What we learned last summer was that you can lose those games but you can still learn from it. It's always a good thing to learn from your weaknesses and, if you do that, you tend to find that you'll grow and develop from it. Hopefully come the start of the season we'll have ironed a few issues out and we can get cracking again."

Key to the progression of the squad from their summer foundation is the integration of the first years and the attitude shown by the second years as they face a tough season on and off the pitch.

"The first years are integrating well," he confirmed. "Most of them have got some decent minutes under their belts and we've tried to give everybody at least 45 minutes in each of the games we played."

"The good thing we got from last season was that so many of the lads who are now first years got to play in our games because of the injury problems we had. That gave them a lot of unexpected but very valuable experience."

"Likewise the lads who are now second years got more pitch time as well, so it puts the squad in a very good place. We'll see what that means for us once we get into the nitty gritty of the season."

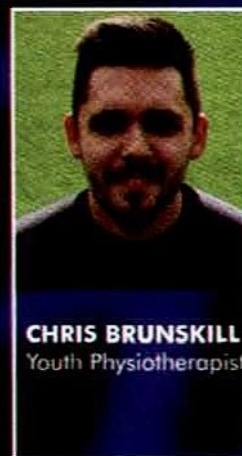
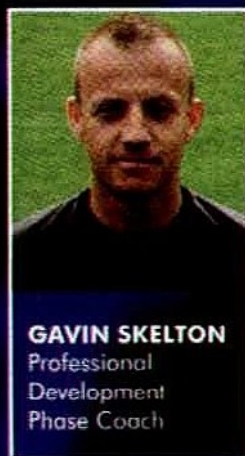
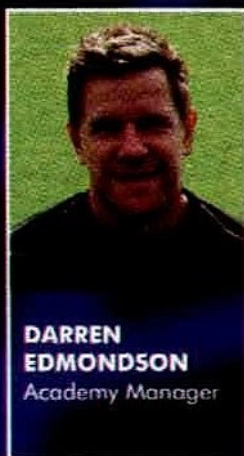
"As we always know it's a big year for the second years because they have to complete their education, play their football and deal with the mental side of wondering whether or not they'll be offered a contract. We tried to help the lads with that last year but it does come down to individuals and how they find ways to cope and get through."

"Part of being involved in football is learning to be mentally strong and how to see yourself through the ups and downs you go through on and off the pitch. Hopefully that experience we've spoken about from both age groups will help to see them all through."

And on being back in football action, he said: "It's great to get back on the field because the closed season does seem to take a long time to get through. Before you know it you're into the first game of the season and that's why it's good to have someone like Gav Skelton beside me."

"His arrival has given us a real lift because he's such a positive character. The lads have taken well to him and they're really excited about the work he's got them doing. We work well together but I think a lot of that is because we've done it before."

"I know when it's time to shut up, because he's going to start speaking, and vice versa. We're putting our own stamp on one or two things and for someone who is quite young he comes with a lot of experience in management. That can only be a plus for us all."



2017/18 EFL YOUTH ALLIANCE UNDER 18 NORTH WEST

DATE	DAY	TIME	OPPONENTS	H/A	RESULT/SCORERS
4 Aug	Fri	13:00	Wrexham	A	
12 Aug	Sat	11:00	Port Vale	H	
19 Aug	Sat	11:00	Accrington Stanley	A	
26 Aug	Sat				
1 Sep	Fri	13:00	Tranmere Rovers	A	
9 Sep	Sat	12:00	Walsall	H	
16 Sep	Sat				
23 Sep	Sat	11:00	Rochdale	A	
30 Sep	Sat	11:00	Fleetwood Town	H	
7 Oct	Sat				
14 Oct	Sat	11:00	Wigan Athletic	A	
21 Oct	Sat				
28 Oct	Sat	11:00	Morecambe	H	
4 Nov					
11 Nov	Fri	13:00	Shrewsbury Town	A	
18 Nov	Sat	11:00	Preston North End	H	
25 Nov	Sat				
2 Dec	Sat	12:00	Blackpool	H	
9 Dec	Sat				
16 Dec	Sat	12:00	Bury	A	
6 Jan	Sat	12:00	Walsall	A	
13 Jan	Sat				
19 Jan	Fri	13:00	Tranmere Rovers	H	
27 Jan	Sat	11:00	Fleetwood Town	A	
3 Feb	Sat				
10 Feb	Sat	11:00	Rochdale	H	
24 Feb	Sat	11:00	Morecambe	A	
3 Mar	Sat	11:00	Wigan Athletic	H	
10 Mar	Sat				
17 Mar	Sat	11:00	Preston North End	A	
23 Mar	Fri	13:00	Shrewsbury Town	H	
31 Mar					
7 Apr	Sat	12:00	Bury	H	
14 Apr	Sat	12:00	Blackpool	A	
20 Apr	Fri	13:00	Wrexham	H	
28 Apr	Sat	11:00	Port Vale	A	
5 May	Sat	11:00	Accrington Stanley	H	



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UNDER THE SPOTLIGHT

THIS SEASON WE'RE LOOKING A LITTLE BIT MORE AT WHAT MAKES OUR PLAYERS TICK. WHAT DO THEY LIKE? WHAT DO THEY HATE? AND WHY?



FIRST UP IS WINGER JOHN O'SULLIVAN...



QUICKFIRE QUESTIONS

Salt and vinegar or cheese and onion

Tea or **coffee**

Cinema or DVD

Indian or **Chinese**

Messi or Ronaldo

Red or brown sauce

Holiday in the sun or adventure trip

Love Island or I'm a Celebrity

Love or money

Golf or **tennis**



Something we don't know about you:

I'm an unbelievable table tennis player!

ROOM 101

THIS SEASON WE'LL ALSO BE ASKING THE LADS WHICH FIVE THINGS THEY'D LOVE TO PUT INTO ROOM 101.

PEOPLE

I'm going to go straight for Luke Joyce. He thinks he's got unreal banter but it's really terrible, and I mean terrible. It's sleep inducing stuff. I also don't like it when people make noise when they eat so they could join him. I imagine that would be quite annoying for him actually, so it's a good move all round!

DRIVING

I hate people who sit in the passenger seat then try and tell me how to drive. Just stop it. You don't know best.

FOOD

I can't stand anything to do with fish. I can't handle the smell and I don't even like it when people eat it close to me.



MODERN LIFE

Phones. I love my phone but I don't like it when I go out with my missus and she's on her phone the whole time. It does my head in. It should be banned.



WILDCARD

It's a tough one but I'm going to go for people who say anything bad about Ireland. It drives me insane. I'm really proud of my country, as you can tell.

FIRST TEAM PLAYER

In each match programme this season we'll be setting team mate against team mate in the quest to find out who comes out on top as we pose a series of daft and not so daft questions which help us to find out just a little bit more about our often not so heroic heroes. The rules are simple – the best answer given gets the point. The judge's decision is final ... so no arguing!

First up this season we have team captain Danny Grainger against midfield dynamo Luke Joyce.

The questions were posed by our guest reporters Jack Crawford and Seamus Edwards. Let the battle commence...

Q1

DESCRIBE THE MOST IMPORTANT GOAL YOU'VE EVER SCORED?



DANNY GRAINGER

It was in the Scottish Cup final when I was playing for Hearts against Hibs. They had a man sent off and I stepped up to take a spot kick. It was just after half time and I scored it to make it 3-1. It was a fantastic moment I'll never forget. We went on to win 5-1.

Q2

HAVE YOU EVER PLAYED THROUGH AN INJURY?



LUKE JOYCE

It was last season against Crawley because it won me goal of the season and goal of the month. It was one of those where I just caught it right and it was made even better because I don't tend to get too many – definitely not goals as good as that one.

I've done that plenty of times. I think if it's a small injury you will always try and stay on so that you can keep your place. As a footballer, if you miss games you can always lose your place because the competition is so high.

Q3

WHICH IS THE MOST EXTREME OF THE EXTREME SPORTS YOU'VE EVER HAD A GO AT?

Probably snowboarding.

It's very scary sometimes on the slopes, particularly if you're getting the speed up.

I would like to try skydiving one day.

Q4

DO YOU STOP AND ASK FOR DIRECTIONS WHEN YOU'RE LOST?

Yeah once or twice before the days of SatNav.

We used to get lost all the time and sometimes the only way back to normality was to ask.



DECISION

In the best interests of sitting firmly on the fence I'm calling this one a draw.

Usually, scoring in a cup final would win all hands down. However, Luke scored THAT goal.

For us. A moment like that simply cannot lose. Have a point each chaps.

So this is in danger of being a dead heat all the way through.

Both have been clobbered and both have ignored it and battled on. Another point each.

Feet off the ground for longer than is absolutely necessary will always win something like this.

The unpredictability of a parachute attached to a boat takes it up another level.

This one goes to Joycey.

We establish in a few questions time that come the reckoning we won't be able to eat if these two are in charge. Now we also know that if the comms networks are down we won't be getting anywhere fast either, unless we happen to stumble across other more knowledgeable survivors. No points awarded – I can't find them!

**DG - 1
LJ - 1**

**DG - 1
LJ - 1**

LJ - 1

**NO
SCORE**

FINAL SCORE: DANNY GRAINGER 6 – 5 LUKE JOYCE.

HEAD TO HEAD

Q5

HAVE YOU EVER CRIED WATCHING A FILM?

Since I had my kids I've found I've got a lot worse with that.

I've started to cry a lot more.

One that pulled on the heart strings recently was John with Denzel Washington.

Q6

HAVE YOU EVER COOKED SOMETHING YOU'VE CAUGHT YOURSELF?

No. I have caught a few fish and ran over a few rabbits, but I've never cooked anything that I've caught.

Q7

HAVE YOU EVER KISSED THE BADGE?

It's happened once or twice, yes.

Mind you, I would only ever kiss one badge and that's the Carlisle badge.

Q8

IF THE PILOT STARTED FEELING ILL WOULD YOU BE ABLE TO LAND THE PLANE?

Not a chance, I'd be petrified.

I'd hide in the back in the toilet or something and hope that somebody would be able to sort it out.

Q9

IF YOU DECIDE TO LET THE WHISKERS GROW ARE YOU A CAVEMAN OR A BOY BAND MEMBER?

Caveman within a few days of not shaving.

I'm going ginger so it's not a pleasant one.

I don't do it too often.

Q10

WHICH OF YOUR TATTOOS IS THE MOST IMPORTANT TO YOU - AND WHY?

I have both of my kid's names and birth times on my ribs.

That's very important to me.

I'll be honest, that's happened a lot since I had my kids.

If you watch anything with them it can get you a bit emotional, so I have shed a few tears.

No, never. I have only ever been fishing once and that was with David Raven when he was here at Carlisle United.

No, never ... not yet anyway.

I would try to do it if it meant saving myself and others, but I'm not sure if I could land it in the Hudson River like that American bloke did.

That was fairly awesome stuff.

A definite caveman, because I look about 70, so I couldn't leave it there for too long.

I don't have any tattoos but I have thought of maybe getting my kid's names somewhere.

If I do get any done they'll be something that means something to me family wise.

No points for this either. None!

Get an action film on right now!

Disclaimer: No children were hurt during this decision not to award any points so you can put the tissues away lads.

Grudgingly - very grudgingly indeed - the point has to go to Danny simply because he's actually caught something other than a cold.

However, let's be clear on this, there isn't much in the way of surviving the apocalypse going on here!

If you're going to get away with doing it, well, it's going to be if you're playing for the team you grew up supporting when you do it.

Therefore, Danny, we are letting you off AND giving you the point. Man up Luke and get that badge kissed!

Luke steams in with a crash landing to steal this point as Danny grabs his bag off the collection carousel and skips security to get the first taxi home.

They could clearly become some kind of weird fairground attraction but their equally hairy nature means they have to share a point each.

Amazing how much these two think alike.

The tattoos on the ribs [ouch] are the winners of this point, but you can tell that Joyce is teetering on the brink of getting his done as well.

**NO
SCORE**

DG - 1

DG - 1

LJ - 1

**DG - 1
LJ - 1**

DG - 1

As you'd expect from these two it was a close fought thing, but our not so Captain Courageous grabbed his shirt and kissed the crest to get it over the line as he left poor old Joyce scratching his whiskers. Well done Mr Grainger.



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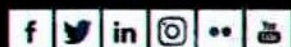
If every changing room the Football Foundation ever funded was combined, 39,160 players would be able to change simultaneously!

The total area of every all-weather pitch the Football Foundation has funded is equivalent to **NEW YORK'S CENTRAL PARK!**

If every all-weather and natural grass pitch the Football Foundation funded was laid back-to-back, it would stretch from London's **BIG BEN TO CALAIS!**



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x351

If every goalpost the Football Foundation funded were stacked on top of each other, it would create a structure equivalent to the height of **351 WEMBLEY STADIUMS!**

CLUB STATS

GOAL TALLY LEAGUE 0 EFL CUP 0 FA CUP 0 CATT 0 TOTAL 0

LEAGUE TABLE

As at 1 August 2017

TEAM	P	W	D	L	F	D	GD	PTS
01 Accrington Stanley	0	0	0	0	0	0	0	0
02 Barnet	0	0	0	0	0	0	0	0
03 Cambridge United	0	0	0	0	0	0	0	0
04 Carlisle United	0	0	0	0	0	0	0	0
05 Cheltenham Town	0	0	0	0	0	0	0	0
06 Chesterfield	0	0	0	0	0	0	0	0
07 Colchester United	0	0	0	0	0	0	0	0
08 Coventry City	0	0	0	0	0	0	0	0
09 Crawley Town	0	0	0	0	0	0	0	0
10 Crewe Alexandra	0	0	0	0	0	0	0	0
11 Exeter City	0	0	0	0	0	0	0	0
12 Forest Green Rovers	0	0	0	0	0	0	0	0
13 Grimsby Town	0	0	0	0	0	0	0	0
14 Lincoln City	0	0	0	0	0	0	0	0
15 Luton Town	0	0	0	0	0	0	0	0
16 Mansfield Town	0	0	0	0	0	0	0	0
17 Morecambe	0	0	0	0	0	0	0	0
18 Newport County AFC	0	0	0	0	0	0	0	0
19 Notts County	0	0	0	0	0	0	0	0
20 Port Vale	0	0	0	0	0	0	0	0
21 Stevenage	0	0	0	0	0	0	0	0
22 Swindon Town	0	0	0	0	0	0	0	0
23 Wycombe Wanderers	0	0	0	0	0	0	0	0
24 Yeovil Town	0	0	0	0	0	0	0	0

GOAL TIMES

	Conceded	Scored
0-15	00	00
16-30	00	00
31-45	00	00
46-60	00	00
61-75	00	00
76-90	00	00

FIRST HALF RECORD

Played	00
Won	00
Lost	00
Drawn	00

SECOND HALF RECORD

Played	00
Won	00
Lost	00
Drawn	00

FIRST GOAL

Played	00
Carlisle United score first goal	00
Opponents score first goal	00
No goals scored	00
United score first goal and win	00
United score first goal and draw	00
United score first goal and loose	00
United fail to score	00
Opponents score first goal and win	00
Opponents score first goal and draw	00
Opponents score first goal and loose	00
Opponents fail to score	00

THEY ALL COUNT

HOW WE CREATED THE GOALS

FREE PLAY	00
CORNER	00
FREE KICK	00
PENALTY	00
TOTAL	00

HOW WE HAVE SCORED THE GOALS

HEADERS	00
PENALTIES	00
OWN GOALS	00
SHOTS	00
FREE KICKS	00
TOTAL	00

PLAYER RECORD

	LEAGUE				CUP				TOTAL			
	Apps	Goals	Yellow	Red	Apps	Goals	Yellow	Red	Apps	Goals	Yellow	Red
Nicky Adams												
Morgan Bacon												
Richie Bennett												
Jack Bonham												
Sam Cosgrove												
Jamie Devitt												
Jack Egan												
Mark Ellis												
Kelvin Etuhu												
Shamal George												
Danny Grainger												
Jordan Holt												
Hallam Hope												
Mike Jones												
Luke Joyce												
Jason Kennedy												
Reggie Lambe												
Gary Liddle												
Shaun Miller												
Tom Miller												
Samir Nabi												
John O'Sullivan												
Tom Parkes												
Cameron Siskeld												

TEAM TOTALS

FORM GUIDE

HOME

May 14	Exeter City	(P01)	3-3
Apr 29	Newport County	(SB2)	2-1
Apr 17	Stevenage	(SB2)	1-1
Apr 8	Notts County	(SB2)	1-2
Mar 25	Crewe Alexandra	(SB2)	0-2
Mar 14	Luton Town	(SB2)	0-0

WON 1, DRAWN 3, LOST 2, F7, A9

AWAY

May 18	Exeter City	(P02)	2-3
May 6	Exeter City	(SB2)	3-2
Apr 22	Crawley Town	(SB2)	3-3
Apr 14	Hartlepool United	(SB2)	1-1
Apr 1	Yeovil Town	(SB2)	2-0
Mar 18	Mansfield Town	(SB2)	0-2

WON 2, DRAWN 2, LOST 2, F11, A11



DANNY GRAINGER

SIGNATURE



#cufc



FIXTURES & RESULTS

DATE	OPPOSITION	COMP	H/A	K.O.	SCORE	ATT	AWAY	POS	PTS	REF	STARTING XI
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AUGUST

Sat 5	Swindon Town	SB2	H	1500							
Tue 8	Fleetwood Town	CC1	A	1945							
Sat 12	Cambridge United	SB2	A	1500							
Sat 19	Cheltenham Town	SB2	H	1500							
Tue 22		CC2									
Sat 26	Lincoln City	SB2	A	1500							
Tue 29	Morecambe	CTGpA	A	1945							

SEPTEMBER

Sat 2	Mansfield Town	SB2	H	1500							
Sat 9	Accrington Stanley	SB2	A	1500							
Tue 12	Coventry City	SB2	A	1945							
Sat 16	Barnet	SB2	H	1500							
Tue 19		CC3									
Sat 23	Crewe Alexandra	SB2	A	1500							
Tue 26	Stevenage	SB2	H	1945							
Sat 30	Crawley Town	SB2	A	1500							

OCTOBER

Tue 3	Leicester City	CTGpA	H	1945							
Sat 7	Exeter City	SB2	H	1500							
Sat 14	Colchester United	SB2	A	1500							
Tue 17	Wycombe Wanderers	SB2	H	1945							
Sat 21	Notts County	SB2	H	1500							
Sat 28	Chesterfield	SB2	A	1500							

NOVEMBER

Sat 4		FA1									
Tue 7	Fleetwood Town	CTGpA	H	1945							
Sat 11	Yeovil Town	SB2	H	1500							
Sat 18	Grimsby Town	SB2	A	1500							
Tue 21	Luton Town	SB2	A	1945							
Sat 25	Morecambe	SB2	H	1500							

DECEMBER

Sat 2		FA2									
Sat 9	Newport County	SB2	A	1500							
Sat 16	Port Vale	SB2	H	1500							
Sat 23	Forest Green Rovers	SB2	A	1500							
Tue 26	Accrington Stanley	SB2	H	1500							
Sat 30	Coventry City	SB2	H	1500							

JANUARY

Mon 1	Mansfield Town	SB2	A	1500							
Sat 6	Barnet	SB2	A	1500							
Sat 13	Crewe Alexandra	SB2	H	1500							
Sat 20	Stevenage	SB2	A	1500							
Sat 27	Forest Green Rovers	SB2	H	1500							

FEBRUARY

Sat 3	Wycombe Wanderers	SB2	A	1500							
Sat 10	Colchester United	SB2	H	1500							
Tue 13	Notts County	SB2	A	1945							
Sat 17	Chesterfield	SB2	H	1500							
Sat 24	Yeovil Town	SB2	A	1500							

MARCH

Sat 3	Grimsby Town	SB2	H	1500							
Sat 10	Exeter City	SB2	A	1500							
Sat 17	Crawley Town	SB2	H	1500							
Sat 24	Cambridge United	SB2	H	1500							
Fri 30	Cheltenham Town	SB2	A	1500							

APRIL

Mon 2	Lincoln City	SB2	H	1500							
Sat 7	Swindon Town	SB2	A	1500							
Sat 14	Morecambe	SB2	A	1500							
Sat 21	Luton Town	SB2	H	1500							
Sat 28	Port Vale	SB2	A	1500							

MAY

Sat 5	Newport County	SB2	H	1500							
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KEY: GOALSCORER 1 BOOKED • SENT OFF • FIRST SUB SECOND SUB THIRD SUB OWN GOAL

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LEAGUE TWO



ROUND UP WITH MARK DONNELLY

WE TAKE A LOOK AT THE LATEST GOINGS-ON IN SKY BET LEAGUE TWO TO KEEP YOU INFORMED ON WHAT'S HAPPENING AROUND THE LEAGUE.



STEVENAGE HAVE LAUNCHED AN AMBITIOUS NEW PROJECT TO ENCOURAGE FANS TO HELP RAISE FUNDS TO CONSTRUCT A NEW NORTH STAND AT THE LAMEX STADIUM.

The stand has been in the pipeline for six years, and it is now hoped it will be constructed in time for the 2018/19 season. The Boro have planning permission in place for the new stand and have received a £450,000 grant from the Football Foundation but, with the total cost of construction estimated to be £950,000, the club are offering fans the chance to help raise the rest of the money required. Supporters are able to contribute via a 'mini-bond' which will earn them interest on a six-month basis.

A minimum contribution of £500 has been set, with a maximum of £25,000, and the money will be paid back over a five-year period. Stevenage manager Darren Sarll said: "When you drive past the ground on the North Stand side you kind of get a snippet of us in non-league. We have to embed this as a Football League club. The North Stand is the last part. This really is about us as a town, us as a football club, supporters and everyone involved with the club standing shoulder to shoulder and moving forward in the next decade."

The Hertfordshire side have also been in the news after three graduates of the Jamie Vardy V9 Academy earned contracts in the Football League. After a £100,000 investment from the Leicester City striker, 42 non-league players were invited to Manchester City's training complex for a week's worth of training with the aim of impressing scouts from over 60 professional clubs. Three players have gone on to earn deals at League Two clubs, with Stevenage snapping up Tamworth's Danny Newton and Bromley's Blair Turgott after both impressed at their respective clubs last season.

The third player is Lamar Reynolds, who penned a deal at Newport County after impressing during the Exiles' pre-season campaign. The striker netted 27 goals in 36 appearances for Isthmian League Division One North side Brentwood Town last season and caught the eye of the Exiles' scouts. After agreeing to move to Rodney Parade, he said: "I like to get goals. I just want to quickly make an impact and show that there's talent in the non-league which is where I came from, that's the main target for me. "I am confident I can score as many goals as last season. That's the main target anyway. Fingers crossed and, as long as I work hard, I'll definitely be able to get it."



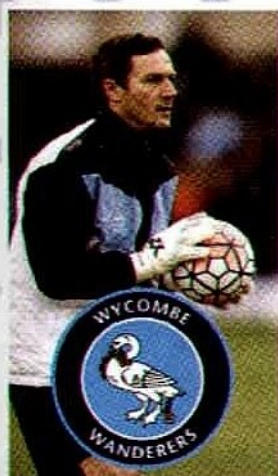
ELSEWHERE, NOTTS COUNTY OWNER ALAN HARDY HAS COMPLETED HIS PURCHASE OF ILKESTON TOWN FC FOR AN UNDISCLOSED FEE.

Hardy took over at Meadow Lane in January and also owns several successful companies in the local area. Ilkeston Town were wound-up in 2010 when still a Conference North club after owing HM Revenue and Customs £50,000. A new club, Ilkeston FC, formed in its place but suffered financial difficulties towards the end of last season and were then wound-up.

Hardy stepped in to revive the club, however, and has reverted to their previous name of Ilkeston Town. He has acted swiftly and appointed former Nottingham Forest defender Steve Chettle as manager after he departed National League North side Nuneaton.

Speaking after taking over, Hardy said: "Having grown up in neighbouring Eastwood, I simply couldn't allow one of the East Midlands' finest non-league clubs' existence to cease when I knew there was a viable method for me to take it forward."

I am grateful to the FA for giving us the opportunity to compete in the Midland Football League Division One this season and it's now time to move on with making Ilkeston Town a success on and off the field following a very challenging period for the club."



WITH NEW PLAYING SHIRTS BEING LAUNCHED ACROSS THE DIVISION, WYCOMBE WANDERERS HAVE UNVEILED A RATHER UNIQUE GOALKEEPERS SHIRT.

A yellow shirt is accompanied by a striking kaleidoscope pattern which, the club hopes, represents a target for strikers to shoot at as opposed to the goal. The Wanderers' other shirt will see the stoppers decked out in a sky blue and baby pink number which again is thought to be distracting to strikers.

The shirts were designed collaboratively between the club and kit supplier, O'Neills, with the kits' distinctive patterns supposedly making the goalkeeper appear larger and more imposing. Wycombe's number one, Scott Brown, said: "I must admit I had to do a double-take when Barry Richardson (goalkeeper coach) showed me the designs – they're a lot different from what I've worn in the past! But they've definitely grown on me and I'm looking forward to wearing them throughout the season, even if I get a few rude comments from opposition fans behind my goal!"



LINCOLN CITY BOSS DANNY COWLEY CLAIMED HIS WILDEST EXPECTATIONS WERE EXCEEDED AFTER HIS SIDE COMPLETED THE DOUBLE SIGNING OF PETERBOROUGH DUO MICHAEL BOSTWICK AND HARRY ANDERSON.

Experienced midfielder Bostwick joined the newly-promoted side having being placed on the transfer list by the Posh at the end of last season. Winger Anderson, meanwhile, spent last season on loan with the Imps and now joins on a three-year deal.

On the deals, Cowley said: "Very infrequently I am surprised by football. But I have to admit that to acquire the signature of Michael Bostwick was beyond my wildest expectations for our football club. To be able to bring in a top League One player who won various individual awards at Peterborough last year represents outstanding business on our part."



LEAVING LEAGUE TWO, HOWEVER, ARE TWO EXCITING PROSPECTS AS EXETER CITY YOUNGSTERS OLLIE WATKINS AND ETHAN AMPADU HAVE COMPLETED MOVES AWAY FROM ST. JAMES' PARK.

Watkins, who was crowned EFL Young Player of the Year last season, has joined Championship outfit Brentford for an undisclosed fee. The forward has agreed a four-year deal at Griffin Park, with an option for an additional year.

He netted 16 times for the Grecians in 2016/17 and Brentford boss Dean Smith was pleased to capture his signature, saying: "Ollie is a player with an awful lot of potential. He showed last season what great talent he has and he has developed into a goalscorer. There is more development to come and we believe we can bring that out of him."

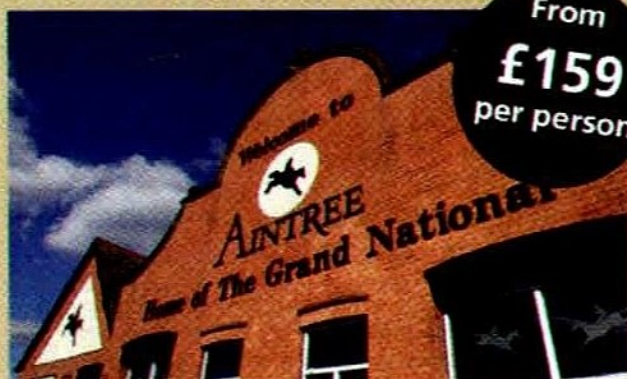
Ampadu, meanwhile, has agreed to join Premier League champions Chelsea after an impressive breakthrough season which saw the youngster become a regular in the Grecians' side. His transfer is still being negotiated as the two sides attempt to agree a fee without the need for a tribunal.

Exeter chairman Julian Togg said: "We are delighted for Ethan and we wish him all the best for the future. Chelsea have behaved impeccably throughout the lead up to this point and therefore we are hoping through these negotiations we will avoid the need for a tribunal. However, we – like any other club – will reserve our right to do that should we need to."

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HAPPY BIRTHDAY TO SEASON TICKET HOLDERS DANIEL AITKEN, BRIAN CURRAN, ROBERT HOLMES, JOHN McDONALD, DANIEL ROBINSON AND PAUL THOMPSON WHO ALL CELEBRATE THEIR BIRTHDAY TODAY! WE HOPE YOU ENJOY THE MATCH!



Happy 10th Birthday to Alfie Smith, love from all the family xx



Happy 37th Birthday to Faisal Manji. Owen hopes you have a great birthday and enjoy your day tomorrow!



Happy 10th Birthday Aydin, enjoy the game. Much love from Mum, Dad, Sami and Jay



Happy birthday to Daniel Clark who was 18 on 1 August. Lots of love from all your family xx



Happy 40th Birthday Daddy (Daniel Smith). With love from Harvey & Bobby xx



Happy 15th birthday to Emma Gornall for Wednesday, love from Owen xx



To Jack Happy 7th Birthday Love from Mam, Dad and Lucy xx

Happy 35th birthday to Brian Beattie from all his friends and family from Botcherby!



Happy 15th Birthday Jackson Spittle. Lots of love from Mum and all the family xx



Massive happy 7th birthday to Jorja, Love from Mum and Dad xx



Happy birthday to Keeley who is 4 on Tuesday, love from Mam, Dad and Bradley xx



Happy birthday to Ron Salkeld who celebrated his 90th birthday on 23 May at a frozen lake Louise in The Rockies, Alberta, Canada. Ron is Carlisle born and bred and his last match at Brunton Park was the 1-0 victory over Swindon in the 2013/14 season!

Happy birthday to Lorna J Hill, have an amazing birthday and bring good luck to Carlisle Utd. Johnno



Happy birthday to Wayne Blair who was 35 yesterday, from Baz

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COMMUNITY SPORTS TRUST



GOOD AFTERNOON AND WELCOME TO THE OPENING MATCH OF THIS SEASON'S SKY BET 2017/18 LEAGUE CAMPAIGN AGAINST SWINDON TOWN FC.

I would like to take this opportunity to wish all management, players and staff the very best of luck for the forthcoming season. Over the last two months there has been several changes to the staffing structure at the Community Trust. Our NCS Coordinator John Sander has decided to take a step back from the day-to-day responsibility of running the project.

John will carry on working at the club in another capacity, delivering initiatives in schools throughout Cumbria. I would like to thank John on behalf of everyone at the Trust for the fantastic work he has put in setting up, organising and running the NCS programme over the past four years.

John has taken students on away and home residentials and set up Community Action Projects that have made a huge difference within the local Community. NCS is not just about doing good things for other people, but hopefully all students that have been involved have grown in confidence from their experience, gained new skills and improved their team work and leadership skills. John has certainly been a huge support to them all. Our new NCS Coordinator is Carl Carr. Carl has been with us for a couple of years now and has already been on both away and home residentials. He has fitted in nicely to his new position and we wish him well in his new role.

During the summer holiday period the Community Sports Trust will be running three and four day soccer schools in the following areas:

Penrith - four days at Penrith Leisure Centre.
Whitehaven - three days at Whitehaven Amateurs.
Carlisle - four days at Harray 3G.

For more details on any of the above courses go online to our soccer schools website (web address below) or call 01228 554 169.
<http://officialsoccerschools.co.uk/carlisleunited>

Carlisle United teamed up with Cumbria Partnership NHS Trust in 2013 to look at promoting physical health and social inclusion for people experiencing mental illness. A weekly football group was developed and has been running ever since.

The group has gone from strength to strength and has seen attendance grow year on year. Attendees have reported continued improvement in their mental wellbeing and recovery as a result of the football group, and have seen success in attending North West Mental Health Football tournaments, as well as competing in the local Ability Counts League. The group supports people with mental illness to access mainstream facilities and in breaking down some of the stigma associated with mental health.

Up the Blues. Halpy

FACEBOOK & TWITTER



You can now get regular updates about the latest Carlisle United CST news by joining our new Facebook page: www.facebook.com/cufcfitc or follow us on Twitter: @CUFCCST



For more information on any of our Community Sports Trust schemes contact John Halpin and the team on fitc@carlisleunited.co.uk or by telephone on 01228 554 169.



Show Racism the Red Card





Figure 1. The effect of the concentration of the inhibitor on the rate of polymerization of the monomer.

NCS SUMMER COHORT ATTEND LOCKERBIE MANOR RESIDENTIAL PHASE



NEW NCS COORDINATOR CARL CARR TOOK THE NCS SUMMER STUDENTS TO LOCKERBIE MANOR LAST WEEK FOR THE RESIDENTIAL PHASE OF THEIR COURSE.



CST Manager John Halpin was there for the hill walking phase on Thursday where the pupils from Caldwell School were given a map, a compass and a route to follow through the hills and fields around the Manor training area.

John Halpin said: "This is a very good week for the students where they get to experience things they possibly haven't done before. They develop their team and leadership skills and they all come away having really enjoyed it.

"Our NCS scheme is in its fourth season now and it's something we are all extremely proud of. Our link-up with

Caldew School continues to go from strength-to-strength and I know their students look forward to taking a place with us."

Next up for the summer gang is their Social Action Project which when they get together to assist with refurbishment works in Dalston. The group will also attend a series of visits and talks which will further develop their life skills and give them an insight in to working life at venues around the city.

For more information on our NCS courses please call our Community Sports Trust on 01228 554 169 or email fitc@carlisleunited.co.uk



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A photograph of two male athletes in blue singlets and black shorts running on a red track. They are running past a large Volvo truck. The athlete in the foreground is holding a wrench. The background is a clear blue sky.

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 **HEINEKEN**

KITS TO AFRICA



CARLISLE UNITED HAVE HELPED TO PUT SMILES ON THE FACES OF SOME WONDERFUL CHILDREN IN TANZANIA THIS SUMMER THANKS TO OUR CLOSE LINKS WITH HIGH HESKET CE SCHOOL.

Mrawi Primary School is situated on the slopes of Mount Kilimanjaro in Tanzania and the pupils have had links with High Hesket since 2002, with letters and gifted donations towards school supplies sent each Christmas by the Cumbrian gang.

The Mrawi school has 452 pupils and seven teaching staff compared to High Hesket CE School who currently have 193 pupils on roll and 12 teaching staff, plus additional support staff. The schools both serve local farming communities and lie within proximity to a city and mountainous regions.

As background to this latest fantastic and well received donation – in conjunction with Carlisle United – the staff and pupils at High Hesket sent us the following summary of their activities. In early 2015 Jen Ager, the teacher who coordinates the international and global work at High Hesket CE School, managed to retrieve a mobile telephone number for the headteacher at Mrawi Primary School, Mrs Imelda Minde, from a local charity.

Wanting to make a more meaningful link, and strengthen the relationship between the two schools, she rang Tanzania from Cumbria to introduce herself and discuss the prospect of

sharing some teaching ideas and possibly a collaborative teaching project. After numerous attempts, and despite the language barrier, the schools made contact and introductions were made.

The children at High Hesket School made contact, via post, and were replied to individually by 10-14-year olds from Mrawi Primary School. Questions relating to the local area, economy, popular culture and personal hobbies were shared. Chiara Mordain, the Year 6 president of the schools Fairtrade Committee, said: "We loved getting the letters from Mrawi – it made the children there real."

Later that year, after securing a grant from The British Councils Connecting Classrooms Programme, Margaret and Jen visited the school in Tanzania for the first time. Armed with well-packed luggage including school supplies, sports equipment and more correspondence from the children, they made the journey to Mount Kilimanjaro airport.

Jen Ager said: "The majority of correspondence to organise the trip had been conducted via sporadic text messages and the postal system. Mrawi Primary School can only collect their

post when the headteacher makes a trip down from the school into Moshi – so this system wasn't the quickest or the most reliable." After spending four days teaching at the school and meeting all the children, staff and members of the local community, a growing friendship, respect and desire to make the most of the link emerged for both parties.

The school in Tanzania made the Cumbrian teachers incredibly welcome, and despite their desperate need for some basic teaching and learning supplies and school building work, there were many similarities emerging between the schools alongside the obvious vast differences.

Two months after the trip, two teachers from Mrawi Primary School travelled to Cumbria for a reciprocal week in High Hesket, being hosted by Margaret at her home. The Tanzanian teachers, Imelda Minde and Fraternus Mushi, taught lessons to the High Hesket school children and visited other local primary schools.

"It was wonderful to see the interactions between the children and the staff and the questions that the children asked showed real curiosity, critical thinking and awareness of global development," Jen told us.

WITH HIGH HESKET CE PRIMARY SCHOOL



"It allowed the children to recognise the similarities and differences between the two cultures. The experience of meeting the teachers face-to-face transformed an abstract concept into concrete experience for the children and they were incredibly welcoming towards our visitors."

The use of social media has enabled the two schools to maintain communication – again on a sporadic basis. With the support of High Heskett CE School's community, building work has been undertaken at Mrawi School to replace much needed roof panels and toilet facilities. Photographs, videos and lessons used during both visits have enhanced the children's understanding of a different culture and given meaning to a place and a name for a lot of High Heskett pupils.

James Kidd, a Year 5 pupil and a member of the Fairtrade Committee, said: "Meeting the teachers from Tanzania was really interesting because we got to see how teachers from other countries give their lessons."

And this is where Carlisle United stepped in to help deepen the bond yet further with a donation of football strips and training kit for the children to use.

Finance Director Suzanne Kidd said: "We send kits to Africa every year but our usual route of achieving this wasn't available to us this year."

"We've had links with High Heskett for a number of years, with regular visits by players and a school takeover with Keith Curle as headmaster just some of the projects we've done together, so we all saw this as a fantastic opportunity. "We are extremely proud to have been able to support a local school and to help to make a real difference to children in another part of the world."

With the help of a parent from High Heskett, a donation was made by CHOC to pay for the transportation of the kit out to Tanzania. The kit was used to dress the school sports teams and the waterproof jackets were handed out to use in the rainy seasons for those children and staff who had no waterproof clothing.

It wasn't long before photographs were sent from Charles, another teacher at the school, of an incredibly proud netball and football team wearing the donated sports club. The children of Mrawi were ecstatic to receive a huge bag from their Cumbrian friends of sporting kit showing Carlisle United's name and kit worn by real football players.

The kit is symbolic of coming from a place with meaning for the children of Mrawi, from people who care and will be incredibly well used. The story has helped join not only the children from two schools but also the extended communities involving staff, parents and local charities.

Margaret Taylor from High Heskett said: "We hope to visit again in the near future. There is more practical work to be undertaken in terms of organising structural developments to provide a functional kitchen, paint the school building and repair toilet facilities severely damaged by heavy rainfall."

Whilst in Tanzania Margaret and Jen met the local minister of education who confirmed how the school was one of the poorest in the region. Similar size schools in the same region have access to electricity, a kitchen and sanitary toilet facilities. As a result of the school link the teachers and children at High Heskett School have a further understanding of a different culture that is now embedded into the curriculum.

"With the involvement of our local community it is wonderful to hear stories being told and links being made with our friends in Tanzania," Margaret continued.

"In today's rapidly growing global world it is important that our children are made aware of the stories of other communities and developments in worlds beyond their own doorstep."

"We are very proud of our school link and the involvement of our children. We hope the relationship will continue to grow based upon the mutual respect both school communities have for each other."

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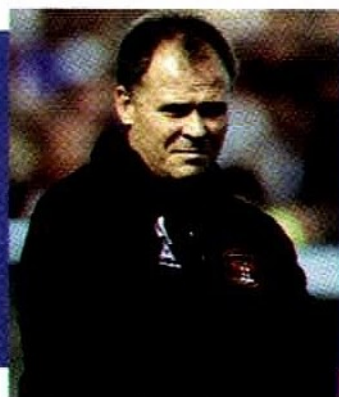
ON THIS DAY

5 AUGUST

WITH EWAN WOOD

2006

CARLISLE UNITED BEAT DONCASTER ROVERS BY 1-0 AT BRUNTON PARK. A CROWD OF 12,031 CAME ALONG TO WATCH AS PROMOTED UNITED KICKED OFF THEIR SEASON IN LEAGUE ONE UNDER NEW MANAGER NEIL MCDONALD. PAUL MURRAY SCORED THE ONLY GOAL OF THE GAME ON HIS RETURN TO THE CLUB.



ALSO ON THIS DAY



1620

Sailing ship 'Mayflower' left Southampton for America with 65 pilgrims on board. She eventually dropped anchor at Cape Cod on 11 November that same year.



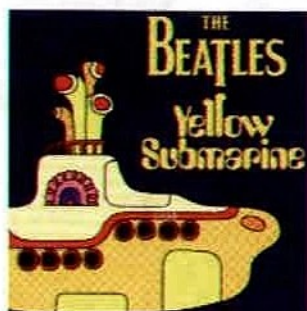
1957

The Andy Capp comic strip appeared in the Daily Mirror for the first time.



1962

Actress and model, Marilyn Monroe died in bed at her Los Angeles home. The 36-year-old had empty bottles of sleeping pills by her side resulting in a coroner's verdict of possible suicide.



1966

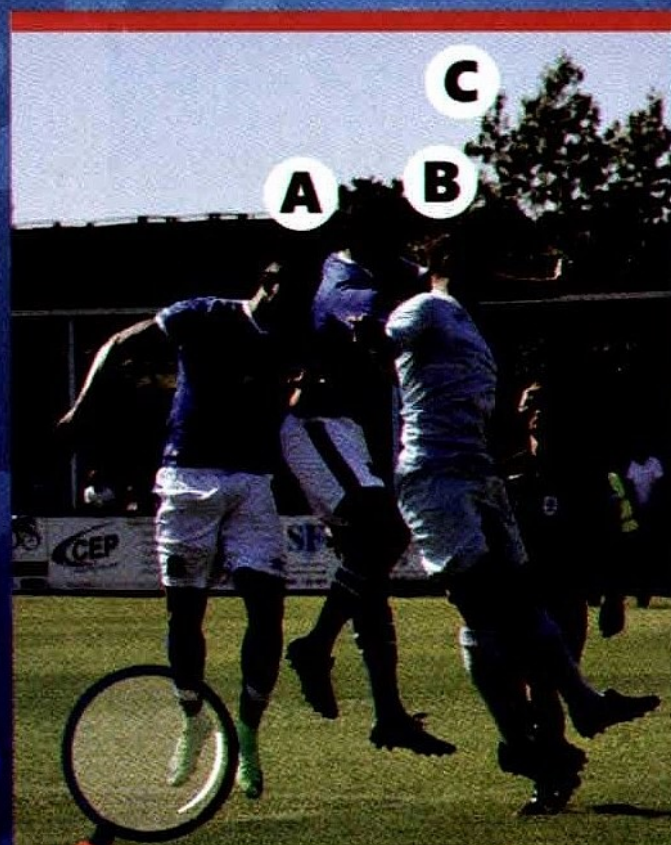
The Beatles released the single Yellow Submarine / Eleanor Rigby which topped the UK music chart for four weeks.

1983

22 members of the IRA were given jail sentences totalling over 4,000 years. Kevin Mulgrew, described by the judge as a 'ruthless terrorist' received a total jail term of 963 years for 84 charges, although these convictions were later quashed.



HAVE A GO AT OUR FUN TESTS AND GAMES AS YOU SETTLE DOWN TO WATCH TODAY'S BIG GAME.



SPOT THE BALL!

Can you tell where the ball is in this picture? Put a cross on the one you think is right.



THESE BOOTS WERE MADE FOR WALKING

Who wears these rather fancy and snazzy boots?

A FAN HEADS THE BALL	KEITH CURLE WAVES AT THE WARWICK	THE BALL GOES OUT OF THE GR-UND
A PLAYER GETS MEGGED	THE BALL HITS THE SIDE NETTING	DANNY GRAINGER TAKES A FREE KICK
EITHER GOALKEEPER CATCHES THE BALL	THE BALL HITS THE POST	A SUBSTITUTE COMES ON

MATCH DAY BINGO

Put a cross on these as they happen and see if you can complete the grid before full time – keep those eyes peeled!

Answers: Spot the ball - C. These boots were made for walking - Halham Hope. We're all in a jumble - 1. Keith Curle 2. Brunton Park 3. Swindon Town 4. Oligo 5. Roddick

MEET TODAY'S MASCOTS



ELLIS



FINLAY



NAME: Ellis Roe

FAVOURITE CUFC PLAYER: Danny Grainger

FAVOURITE STADIUM YOU HAVE VISITED:
Brunton Park

FAVOURITE CARLISLE UNITED CHANT:

We love you Carlisle, we do!

FAVOURITE FLAVOUR OF CRISPS:

Cheese and onion

HOBBIES: Football, swimming and Cubs

WHAT HAS BEEN YOUR HIGHLIGHT SINCE

SUPPORTING CARLISLE UNITED: Getting picked to
be mascot today!

WHAT IS YOUR SCORE PREDICTION FOR T-DAY'S

GAME: 2-1 to Carlisle

Messi or **Ronaldo**Red or **brown sauce****Cats** or dogsCUFC home or **away kit****Striker** or defender

NAME: Finlay Beveridge

FAVOURITE CUFC PLAYER: Nicky Adams

FAVOURITE STADIUM YOU HAVE VISITED:

Brunton Park

FAVOURITE CARLISLE UNITED CHANT:

It was 'oooh Jabo Ibehre'

FAVOURITE FLAVOUR OF CRISPS: Cheese

HOBBIES: Swimming and football

WHAT HAS BEEN YOUR HIGHLIGHT SINCE

SUPPORTING CARLISLE UNITED: My first match

WHAT IS YOUR SCORE PREDICTION FOR T-DAY'S

GAME: 1-0 to Carlisle

Messi or **Ronaldo****Red** or brown sauce**Cats** or dogsCUFC home or **away kit**Striker or **defender**

WE'RE ALL IN A JUMBLE!

Can you work out what or who these mixed up words are?

1 CEIKLTEHRU

2 KBURRNPOATN

3 WITWNSNOOND

4 OGLA

5 DCGAKPD

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Draw us a new club crest – be creative – and get someone to tweet or facebook us a pic of your design when it's done and we'll share it for you! You can pick up a pencil to help you complete this page from the ticket office on the West side of the ground!

BIRTHDAY CORNER



Happy birthday to these Junior Blues who are celebrating birthday's this weekend!

CORY MURRAY, JACK MLYNEK, HARRY WATT
AND ELENA ARCHIBALD

CARLISLE UNITED

IN 1992/93

WITH
DAVID STEELE

HAVING FINISHED BOTTOM OF THE FOURTH DIVISION AT THE END OF THE 1991-92 SEASON, CARLISLE UNITED SECURED AN UNWANTED PLACE IN HISTORY AS THE LAST TEAM TO FINISH BOTTOM OF THE OLD FOOTBALL LEAGUE.

At least there was no prospect of dropping into the Conference. Automatic relegation had been put on hold for two seasons as the League planned to expand from 92 to 94 clubs. That included the 22 First Division teams who would now become the FA Premier League.

The expansion plan was in any case soon to be abandoned. For financial reasons, Aldershot dropped out of the Football League in April 1992 and Maidstone United would similarly fail to start the 1992-93 season to leave total league membership remaining at 92. With automatic relegation returning for the 1992-93 campaign, it was clear that unless there was a change of fortune, Carlisle United could easily find themselves heading for the Conference.

This fact was, no doubt, of little comfort to United boss Aiden McCaffery as he contemplated the close season. Veteran defender Mike Graham was the most prominent of those players given a free transfer. He later turned out for Netherfield. Also released were a number of fringe first teamers including Lee Armstrong, Nicky Cranston and Jason Priestly. However, before the manager could contemplate any team strengthening, life at Carlisle United was about to change.

In mid May it was announced that Michael Knighton had taken over Carlisle United and that he would be the new chairman and chief executive. Born in Derbyshire in October 1951, Michael Knighton had been a youth player at Coventry City before injury ended his career. After training as a PE teacher at Durham, he taught and then took over a private school in Huddersfield. He later branched into property development before almost buying Manchester United for £10m in 1989. It would have been a remarkable deal had it come off but he remained on the Old Trafford board for some time afterwards.

It was certainly a challenge to take over at a club that had finished bottom of the league and with only seven contracted professionals, especially when contrasted with life at Old Trafford. Early July saw a series of open trials take place at Brunton Park and as a result a number of players were signed in time for the start of the new campaign in mid August.

George Oghani was the most experienced of the new signings, a veteran of over 200 league games with, primarily, Bolton, Burnley and Scarborough and a proven goalscorer. Full back Neil Williams also had over 200 league games under his belt with Hull City and then Preston North End. Midfielder Simon Davey was only 22 but had played some 50 times for Swansea, his hometown club.

Riccardo Gabbiadini in contrast had made a total of 34 league appearances as a forward but for no fewer than eight different clubs which may well be some sort of record? Central defender Ian Knight had been an England U21 international and had featured with Sheffield W and Grimsby while winger Ian Arnold arrived from Middlesbrough.

Pre season results were encouraging. The highlight was a 3-2 win over Sunderland with Oghani, Andy Watson and Andy Barnsley all on the scoresheet. Trips to Crook Town and Barrow resulted in 7-1 and 2-0 wins respectively. The season proper began with a home game against Walsall. An encouraging crowd of 4,199 saw Oghani open the scoring after two minutes. Unfortunately it was an own goal and though he soon made amends at the right end, United lost 3-4 with the luckless Ian Knight making his only United appearance.

Better news came in mid week with a 4-1 victory over newly promoted Burnley in the League Cup with two goals from Gabbiadini. The following week a 1-1 draw at Turf Moor put the Blues into the second round. United's reward was a home tie

with Norwich City of the newly constituted Premier League. The game at Brunton Park pulled in a season's best gate of 10,328 and resulted in a 2-2 draw. The Canaries won the replay 2-0 but considering they were to finish third in that inaugural Premier League season, this was no bad result for the Blues.

Results in Division Three were more mixed. September began with a 5-1 win over Bury, United's best win for over seven years. As a result a season's best league crowd of 5,357 turned up for the visit of York City only for the Blues to slump 2-1. Four days after the heroic draw against Norwich another home defeat at the hands of Scunthorpe saw Aiden McCaffery dismissed as manager.

His successor was David McCreery who was given the title of head coach. The possessor of 67 Northern Ireland caps, he had also enjoyed a long playing career with Manchester United, QPR, Newcastle, Hearts and latterly Hartlepool where had been player/coach. His first match in charge saw a 1-1 draw with Halifax and featured Tony Caig making his league debut in place of Kelham O'Hanlon who was ill.

The Blues were just out of the bottom four when the new boss took over but after a slow start, November saw three consecutive wins. It was enough to push the Blues up to twelfth in the table and earned David McCreery the November Manager of the Month award.

Unfortunately, November also saw United knocked out of the FA Cup at the first hurdle. It was the third time in four seasons they had lost to Wigan; Nor did United last long in the Autoglass Trophy. Scarborough defeated the Blues 4-0 and a 2-0 victory over Hartlepool was not enough to keep Carlisle in the competition. The Hartlepool game attracted a crowd of just 859, the lowest ever at Brunton Park for a competitive fixture.



Twelfth place was as good as it got for the Blues that season. By now McCreery himself was playing fairly regularly in midfield as was Ian Arnold out on the wing. The selection of an unchanged team was a rare event as a succession of loan and short term signings also came and went including defenders Steve Holden Tony Gallimore and Dave Burgess and forwards Warren Hawke and Winston White. For White, who had just spent a month at Doncaster, Carlisle United was the twelfth league club of his career.

The second half of the campaign was relatively quiet. The Blues remained below halfway in the table though they were never in danger of relegation as they ended the season fifth from bottom while the Knighton effect had contributed to a 40% rise in home gates. The worst playing experience was a 6-0 drubbing at Bury with all six goals coming before half time. Yet in typical fashion United won their next three games without even conceding a goal.

The last twelve fixtures saw just one win but this again was an unexpected 3-2 victory at high flying Shrewsbury, the goals coming from top scorer George Oghani (2) and one from Simon Davey. The last match was a 2-2 draw at Scarborough. Tony Hopper started the game to become United's youngest ever player only to lose his record when Rory Delap, aged 16 years and 306 days, came on during the second half.

Once again the reserves competed in the Midland Senior League. Despite its name, United's opponents were all reserve sides from elsewhere in the north e.g. Tranmere, Stockport, Darlington, Halifax etc along with Wrexham. The second string held their own in both the league and league cup competitions. The reserves also clinched the Cumberland Cup defeating Gretna 3-1 after the first meeting had ended goalless. Along the way, the Blues defeated village side Longwathby by the astonishing margin of 20-0.





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WITH
TIM GRAHAM

THOSE PRE-SEASON SUMMERS JUST GET SHORTER AND SHORTER DON'T THEY, WITH THIS ONE BEING SQUASHED DOWN EVEN MORE THANKS TO THE 2018 WORLD CUP COMING UP ON THE HORIZON AND OUR EFFORTS IN REACHING THE LEAGUE TWO PLAY-OFF SEMI-FINALS IN MAY.

In fact it was only 42 days between that heart-breaking defeat at Exeter and the players returning for their first day back at school on the 29 June. It must have seemed like even less than that for the staff at Brunton Park too with the Olly Murs and UB40 concerts to sort out.

With our first pre-season match being a 4-0 win at Carlisle City on the 8 July, it meant there were only really just over seven weeks between Blues matches for those who massively miss their United fix. It's back to the real stuff today though, no doubt in the rain, as we take on a Swindon Town side who are back at this level after five campaigns in League One, the Robins having won the title in the 2011-12 season when they were last competing in fourth tier football.

Somewhat understandably then, Swindon are one of the favourites with the bookies for an instant return to League One and are currently priced at around the 3/1 mark for promotion. Leading the pack in that market though are Mansfield Town, who were certainly splashing the wage bill cash early in the summer, with the Stags chalked up as low at evens in some places, that compared to Carlisle being at 7/2 or 4/1, and being a similar price to which United ended up at on the opening day of last season after being well backed down in the market.

I know a few lads who were doubly disappointed in January when Charlie Wyke left to join Bradford City as they had backed him each way at 20/1 or higher for

the League Two top goalscorer. Shaun Miller is sitting at that price at the moment with one firm, but it's no surprise at all to see that the top three players in the market at the time of writing are the Luton strike pair of James Collins and Danny Hylton, alongside Barnet's John Akinde. That Hatters duo of Collins and Hylton surely giving the Kenilworth Road outfit a very good chance of automatic promotion this time around after they lost to eventual winners Blackpool in the play-offs last season.

It's not always about what happens at the top of the table though, as often a relegation battle can be exciting as well, as long as you're not involved in it of course. Morecambe seem to be the favourites to go down, alongside Cheltenham, Crawley, Newport and Yeovil, although given that those five sides finished in the places directly above Hartlepool and Leyton Orient last season it suggests that not a vast amount of effort has gone into pricing up that market.

Away from our league though it's the Conference North for me that is going to be a real cracker of a division with Boston, Chorley, Darlington, FC United of Manchester, Kidderminster, Salford, Stockport and York making it a real big hitters league in the 2017-18 campaign, while definitely in the case of the latter two sides it also shows you just how far down the pyramid you can get if you're not careful.



Of all those clubs it's been Salford City chucking money at it this summer thanks to their Manchester United owner connections and a couple of years of good cup runs, former Carlisle players Max Crocombe and Danny Livesey being just two men in a strong squad.

As usual though the game is never played on a bookmakers board, as Leicester City showed a couple of years ago, even though they are back out to 400/1 in a place for the Premier League title this season. Better than that Huddersfield mind you who are 3000/1 to win it and already odds on 4/5 to be relegated. At least it is still some kind of competitive market though, fancy a bet on the Scottish Premiership? Well, if you do then Celtic are a juicy 1/20 on with a few firms, so good luck.



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CARLISLE UNITED

PLAYER INFORMATION AND SPONSORS



JACK BONHAM
GOALKEEPER
On loan from Brentford

1



TOM MILLER
DEFENDER
Previous clubs:
Rangers,
Dundalk,
Newport,
Lincoln

2



DANNY GRAINGER
DEFENDER
Previous clubs:
Gretna,
Brechin,
Dundee,
St Johnstone,
Hearts,
St Mirren,
Dunfermline

3

CAPTAIN



LUKE JOYCE
MIDFIELDER
Previous clubs:
Wigan,
Carlisle,
Barrow,
Northwich,
Accrington

4



GARY LIDDLE
DEFENDER
Previous clubs:
Hartlepool,
Notts County,
Bradford,
Chesterfield

5



TOM PARKES
DEFENDER
Previous clubs:
Burton,
Leicester,
Yeovil,
Bristol Rovers,
Leyton Orient

6

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Bruce and Kathryn
Vander Taylor

Sponsored by
Peter Hines

Available
to sponsor



RICHIE BENNETT
STRIKER
Previous clubs:
Ashton United,
Northwich,
Barrow

14



SAM COSGROVE
STRIKER
Previous clubs:
Wigan,
Nantwich,
Barrow,
Chorley,
North Ferriby

15



MARK ELLIS
DEFENDER
Previous clubs:
Bolton,
Torquay,
Crewe,
Shrewsbury,
Forest Green

16



JOHN O'SULLIVAN
MIDFIELDER
Previous clubs:
Blackburn,
Southport,
Accrington,
Barnsley,
Rochdale

18



REGGIE LAMBE
MIDFIELDER
Previous clubs:
Ipswich,
Bristol Rovers,
Mansfield

19



SHAUN MILLER
STRIKER
Previous clubs:
Crewe,
Sheff Utd,
Shrewsbury,
Coventry,
Crawley, York,
Morecambe

20

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Yvonne Miller

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Paul O'Sullivan

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Ian and Liz Hoyle

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KEITH CURLE
First Team
Manager



COLIN WEST
Joint Assistant
Manager



LEE DYKES
Joint Assistant
Manager



SIMON TRACEY
Goalkeeper
Coach



NEIL DALTON
Physiotherapist



LEE FEARN
Strength and
Conditioning
Coach



JASON KENNEDY
MIDFIELDER
Previous clubs:
Middlesbrough,
Boston,
Bury,
Livingstone,
Darlington,
Rochdale,
Bradford

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CUSAT



MIKE JONES
MIDFIELDER
Previous clubs:
Tranmere,
Shrewsbury,
Bury,
Sheff Wed,
Crawley,
Oldham

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HALLAM HOPE
STRIKER
Previous clubs:
Everton,
Northampton,
Sheff Wed,
Bury

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Bob Hope



NICKY ADAMS
MIDFIELDER
Previous clubs:
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Leicester,
Rochdale,
Leyton Orient,
Brentford,
Crawley,
Rotherham,
Northampton

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Vander Taylor



JAMIE DEVITT
MIDFIELDER
Previous clubs:
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Shrewsbury,
Grimsby,
Bradford,
Accrington,
Rotherham,
Chesterfield,
Morecambe

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Pete Blue



SAMIR NABI
MIDFIELDER
Previous clubs:
West Brom,
Delhi Dynamos

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to sponsor



KELVIN ETUHU
MIDFIELDER
Previous clubs:
Man City,
Rochdale,
Leicester,
Cardiff,
Portsmouth,
Barnsley, Bury

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to sponsor



MORGAN BACON
GOALKEEPER
Youth graduate

Available
to sponsor



SHAMAL GEORGE
GOALKEEPER
On loan
from Liverpool

Available
to sponsor



CAMERON SALKELD
MIDFIELDER
Youth graduate

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to sponsor



JORDAN HOLT
MIDFIELDER
Youth graduate

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JACK EGAN
MIDFIELDER
Youth graduate

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MATCH DETAILS



CARLISLE UNITED

Manager: Keith Curle



SWINDON TOWN

Manager: David Flitcroft

	PLYD	SUB			
1 Jack Bonham	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Tom Miller	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 Danny Grainger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Luke Joyce	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 Gary Liddle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Tom Parkes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 Jason Kennedy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 Mike Jones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 Hallam Hope	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 Nicky Adams	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 Jamie Devitt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12 Samir Nabi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14 Richie Bennett	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15 Sam Cosgrove	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16 Mark Ellis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18 John O'Sullivan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19 Reggie Lambe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 Shaun Miller	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21 Kelvin Etuhu	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22 Morgan Bacon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23 Shamal George	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24 Cameron Salkeld	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25 Jordan Holt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26 Jack Egan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	PLYD	SUB			
1 Lawrence Vigouroux	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Ben Purkiss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 Chris Hussey	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Conor Thomas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 Chris Robertson	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Olly Lancashire	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 Paul Mullin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 James Dunne	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 Luke Norris	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 John Goddard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 James Brophy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12 Will Henry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14 Ellis Iandolo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15 Tom Smith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16 Amine Linganzi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17 Harry Smith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18 Donal McDermott	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25 Dion Conroy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26 Jordan Young	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27 Scott Twine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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MATCH OFFICIALS



Referee
Andy Haines



Assistant
Natalie Aspinall



Assistant
Simon Clayton



4th Official
Shaun Hudson

NEXT AT HOME

v Cheltenham Town
Saturday 19 August
3:00pm



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Accrington Stanley v Colchester United
Chesterfield v Grimsby Town
Coventry City v Notts County
Crawley Town v Port Vale
Crewe Alexandra v Mansfield Town
Exeter City v Cambridge United
Forest Green Rovers v Barnet
Luton Town v Yeovil Town
Morecambe v Cheltenham Town
Stevenage v Newport County
Wycombe Wanderers v Lincoln City

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